

Daily

- make bed
- put away clothes and shoes
- wash any dirty dishes
- empty/run dishwasher
- wipe down counters or messes

2-3x Per Week

- take out trash
- take out recyclables and/or compost
- vacuum
- sweep
- pick up clutter/put everything back in its home

Weekly

- wash sheets
- do laundry
- clean the bathroom (toilet, sink, shower, floors)
- dust surfaces
- clean mirrors
- clean the kitchen (counters, sink, stove/oven, empty out fridge, floors)

Monthly

- mop the floors
- bonus: clean out your home/closet and donate gently used items