

52 QUESTIONS TO ASK YOURSELF WHEN MAKING A TOUGH DECISION

1. How does this line up with where I want to be next year?
2. Does this fulfill me physically?
3. Does this fulfill me emotionally?
4. Does this fulfill me spiritually?
5. Are there any potential drawbacks that keep me from going one way or another?
6. Will this impact my finances negatively?
7. Am I afraid it won't work out the way I want it to?
8. What do I have to lose?
9. If it doesn't work out, what's my backup plan?
10. Will this harm anyone else?
11. Are other people impacted by my decision? In what way?
12. How does this line up with where I want to be five years from now?
13. Am I jeopardizing my health or physical safety?
14. What do I have to gain?
15. Am I ready to make this decision today?
16. What have other people in my position done?
17. Can I live with the consequences if I take this action?
18. Am I happy with where I am right now?
19. What makes me the most happy about my life right now?
20. Am I unhappy with where I am right now?
21. What makes me the most unhappy about my life right now?
22. What would I change about my current situation if I could?
23. Do I need to make a detailed plan for what I will do to make this happen?
24. What resources, tools, or research do I need to do to make this decision?
25. What information would make this decision easier to make?
26. If I looked back on my life 50 years from now, how would I feel about this decision?
27. Does this go against any of my core principles or beliefs?
28. Will I be disappointed in myself if I do or do not do this?
29. Have I written down the pros and cons of each side of this decision?
30. Have I talked with my mentor about this?
31. How will this benefit me?
32. How will this hinder me?
33. What are the drawbacks of each side?
34. Will I be making any sacrifices?
35. Am I prepared to make this change right now?
36. How does this impact my goals for the week?
37. How will this impact my goals for the month or year?
38. Is this better or worse than my current situation?
39. Is the grass really greener on the other side?
40. Am I prepared for the commitment this might take?
41. Will I be able to do it on my own? Or will I need help?
42. Am I willing to accept help from others if I cannot do it on my own?
43. Will this make me a happier person?
44. Have I changed my way of thinking so my actions will fall in line?
45. Do I have the support I need to make this change (financial, emotional, etc)?
46. Am I ready to make this decision?
47. Am I scared of this change? What aspects of it frighten me?
48. Can I come back to where I am now if I make this decision?
49. How will I react if I think I've made the wrong decision?
50. What is holding me back from making this decision?
51. How would this decision affect other parts of my life?
52. Will I regret not taking this chance when I had it?